

## ABSTRACT OF THE DISCLOSURE

A passive motion exercise and/or treatment apparatus is provided which includes a main support assembly for supporting at least the head and torso of a user. The main assembly includes three support members which, in one mode of operation, are disposed in a common plane. The second and third members are movably connected to the first, backrest support member and are movable relative thereto so as to respectively provide passive movement of both the head and, and the lumbar region, of a user. Cervical side bending and rotational movements and lumbar side bending and rotational movements can all be provided. A separable leg support assembly is adjustable to support the calves of the user in a plane elevated with respect to the common plane while the apparatus provides the aforementioned passive body movements.